

FITZWORTHY EQUESTRIAN CENTRE

Health and Safety Risk Assessment

For the attention of Clients

1. A correctly fitting, fastened helmet to the required BS standard PAS 015/EN 1384 must be worn at all times whilst riding from this centre.
2. Ensure footwear is of plain sole with a small heel when riding from this centre.
3. It is recommended that Clients wear comfortably fitting trousers and body covering. Lightweight riding gloves are recommended for all our riding activities.
4. Clients should take care to avoid walking directly behind our horses at all times. There is a path clear of horses which leads directly to the viewing area for the school.
5. when leading a horse around the yard or down to the school Clients should ensure their horses' reins are taken over their heads for the purpose of leading in order to maintain complete control (unless the horse wears a martingale). Reins should be carried clear of the floor.
6. Horses should be led, mounted and dismounted from the NEAR (left) SIDE of the horse.
7. Clients should not mount their horse until a member of staff is present and their tack has been checked for security.
8. Clients should not leave the yard on or with a horse without a member of staff being present.
9. When riding or leading a horse Clients should ensure they leave at least 1 horses' distance between themselves and any horse in front. The reins should be carried clear of the floor.
10. When dismounting Clients should remove both feet from the stirrups and swing their right leg over the back of the saddle bending the knees as they land. Ensure you keep hold of the reins at all times.
11. Clients must obtain permission from a member of staff before entering a stable with a horse in it.
12. When grooming a horse Clients are asked to wear a fitting helmet of the above mentioned standards and steel toe-capped boots.
13. Body protectors are recommended for all our riding activities.
14. When riding on the roads care should be taken to keep in to the left and ride single file in the order in which you were placed by a staff member.

AT ALL TIMES CLIENTS ARE ASKED TO ADHERE TO STAFF INSTRUCTIONS